

# BREASTPLATE OF RIGHTEOUSNESS

## God Will Help Me Make Right Choices

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*This week focuses on the Breastplate of Righteousness. The Roman soldier's breastplate is a piece of armor that protects the body parts that keep us alive. It was worn over the chest and covered the body from the neck to the top of the legs. Wearing the Breastplate of Righteousness means changing our actions to what God wants them to be.*

**KEY VERSE:** "Pray at all times in the Spirit with every prayer and request, and stay alert with all perseverance and intercession for all the saints." Ephesians 6:18

**BIBLE STORY PASSAGE:** Acts 9; 11:19-26; 13:1-5; 14; 16:16-24

### QUESTIONS

Armor of God: Read Ephesians 6:14 together to introduce the armor for this week. "Why do you think this piece of armor is important?"

### BIBLE STORY

Read about the life of Paul together in Acts 9; 11:19-26; 13:1-5; 14; 16:16-24. Ask the following review questions:

Q1: What happened to Paul on his way to Damascus?

A1: *He was blinded by a bright light; he heard Jesus speak to him. (Acts 9:3)*

Q2: What did Paul do after he could see again?

A2: *He was baptized; he preached about Jesus everywhere he went. (Acts 9:18-20)*

Q3: What happened when Paul and Silas were in prison?

A3: *An earthquake opened the prison doors; the guard believed in Jesus. (Acts 16:26-33)*

### GO DEEPER

Discussion Questions:

Q4: What do you think God wants us to learn from the story of Paul?

A4: *Satan tries to make us believe wrong things, but God will help us make right choices.*

Q5: How does today's piece of armor help us against our enemy?

A5: *The Breastplate of Righteousness helps us act the way God wants us to; it protects us from wrong choices that Satan wants us to make.*

### PRAY TOGETHER