



# THE HELMET OF SALVATION

## Putting Our Inheritance Into Action

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*This week's armor is the Helmet of Salvation. Roman soldiers wore tight helmets made of iron and bronze to protect their heads, necks, and shoulders. The Helmet of Salvation protects the mind, the place that controls all of our thoughts.*

**KEY VERSE:** "Take the helmet of salvation." Ephesians 6:17

**BIBLE STORY PASSAGE:** Genesis 25:29-34; 26:1-5

### QUESTIONS

Armor of God: Together read Ephesians 6:17 to introduce the armor for this week. *"Why do you think this piece of armor is important?"*

### BIBLE STORY

Read today's Bible story of Jacob and Esau together in Genesis 25:29-34; 26:1-5. Ask the following review questions:

Q1: What was a birthright? How do you think Esau felt about his birthright?

A1: *A birthright was special rights given to the firstborn child, who would receive more inheritance. Esau did not think his birthright was important. (Gen. 25:34)*

Q2: What did God promise to Isaac, Jacob, and Esau's father?

A2: *That he would be blessed with lands and offspring (Gen. 26:3-4)*

Q3: Which brother received the birthright and God's promises?

A3: *Jacob*

### GO DEEPER

Discussion Questions:

Q4: What do you think God wants us to learn from the story of Jacob and Esau?

A4: *As Christians, we also have an inheritance from God—salvation. We cannot give it away. It is what makes us Christians, and it is God's gift to us.*

Q5: How can Christians use the Helmet of Salvation?

A5: *We can know that salvation is God's gift to us. Salvation makes us grow to be more like Jesus.*

### PRAY TOGETHER