

# Workshops

- Joy for the Journey (A Study of 1 Peter). (Ian Carrico) Implement kingdom realities that fortify your faith as you anchor your thinking and convictions in them. These realities encourage the journey of faith as you seek to leave a legacy for those in your circle of influence.
- Leading with Purpose: Empowering Senior Adult Ministry DIRECTORS. (Emory Riley) Evaluate your group and ministry through the lenses of current ministry trends, ideas, and resources. Participants are encouraged to bring resources and ideas to share with the group.
- Brain Health: How to Stay Mentally Sharp. (Elizabeth Ellis) Identify things you can do today to improve your brain health and stay mentally sharp as you age. Create your own personalized plan by building on the activities you already do and enjoy.
- Curiosity Leads to Connection: Storytelling Made Simple. (Paul Strickland) Unlock the secret to engaging storytelling with a simple yet powerful tool: curiosity. Spark questions in your listener's mind, inspire thought, and connect with them on a deeper level. Whether you're sharing your faith, family stories, or life lessons, gain practical tools and the confidence to make your stories unforgettable through simple techniques, thoughtful preparation, and a little practice.
- Understanding the Generation. (Dan Summerlin) Every generation is influenced by their culture and this affects how we think, what we value, and how we communicate. Gain an introduction to the different generations, what makes them unique, and how to relate well to them in the church, the workplace, and in the family.
- Ask the Attorney: Securing Your Legacy with Confidence. (Austin Wilkerson) Implement the essentials of estate planning with informed decisions that align with your faith, protect your loved ones, and support the causes you care about. Demystify legal concepts, empower you with actionable insights, and answer your most pressing questions about wills, trusts, and charitable giving.
- Keeping healthy after 60. (Charolette Rock and BNF) Small changes in our habits can reap big benefits as we age. These changes affect not only our physical condition but can also enhance our mental and spiritual well-being.
- Just Keep Serving: your Life Experiences Matter for the Great Commission. (Doug Williams) The Great Commission is for all believers. Your season of life and experiences can continue to make an impact for the Great Commission of our Lord as you pray, give, encourage, and go on mission for Jesus.
- Steps to Stretch Your Money and Enjoy Retirement. (Ron Moore) You don't need millions in a retirement fund to enjoy life and retirement. Take practical steps to make your income and nest egg go even further.