

# BUILT to LAST

God's Design for Marriage & the Home

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BY SCRIPTURE







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**FEBRUARY 2026**





# Shaped by Scripture Preschool and Children At-Home Guide

## February

**Family:** God's Design for Marriage and Home

**Kid's Idea:** God Builds Our Family

Parents, as you read through your devotionals this month, include your child by recapping what you learn and review the memory verse together. Prepare together each week as a family to learn more about the theme verse on Sunday. This month's theme is on God's design for marriage and family.

## **Week 1: God Made Families**

*"A man shall leave his father and mother and hold fast to his wife."*

- Genesis 2:24

This week the verse shows God's design for marriage. Key topics are the formation of a household through marriage, a commitment between a man and a woman, faithfulness, covenant love, and serving one another.

### **Family Activities**

**Activity 1:** Talk about your family. Look at pictures from weddings, holidays, or parties. Identify family members and their relationship to your child. Tell stories about siblings, grandparents, aunts, uncles, and cousins!

*(This part is a great car activity!)*

**Activity 2:** Act out simple ways families show they love and care for each other. *(sharing toys, helping with chores, hugs, praying together, etc.)*

**Activity 3:** Have kids draw members of their family. Talk about things you love about that person. Write down a prayer request for each person and pray for them before bed.

### **Dinner Conversations**

**Monday:** Who makes up our family?

**Tuesday:** Who wrote the book of Genesis? Who was the first family?

**Wednesday:** How does marriage and family show us Jesus?

**Thursday:** How can we show we love our family?

**Friday:** How do we know God cares about our family?

*(Say the verse together.)*

## Week 2: God Builds Our Home

*"Unless the Lord builds the house, the builders labor in vain."*

- Psalm 127:1

This week we are learning about God's design for our households. Key topics are how our homes are more than physical structures and how our homes should reflect God. *(love, peace, kindness, patience, gracious, etc.)*

### Family Activities

**Activity 1:** Look at a picture or video of Solomon's Temple and talk about certain features. For older kids, you can read 1 Kings 6 and challenge them to draw the temple. Discuss how God's House is more than a temple and your home is more than a building.

**Activity 2:** Build a fort using whatever material you can find. Try building on different surfaces. Talk about what makes a fort and foundation strong. Tie this in to our faith in Jesus.

**Activity 3:** Leading up to Valentine's Day, cut out hearts from colored paper. Have kids decorate then write the names of your family members on them and place them throughout your house. Take time each day to pray for each person.

### Dinner Conversations

**Monday:** What will make our family stronger?

**Tuesday:** What does "in vain" mean? Discuss how we need God's wisdom all the time.

**Wednesday:** How does God protect our family?

**Thursday:** How can we trust and depend on God?

**Friday:** Read Philippians 4:4-9 and ask, how can our home reflect those things?



# MARRIAGE

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## Week 3: God Wants Families To Forgive

*"As the Lord has forgiven you, you must forgive. And above all these, put on love." - Colossians 3:13-14*

This week we are learning about how important forgiveness is for families. When we don't forgive, our family will be sad, broken, and divided. When we remember that God loves and forgives us, we can love and forgive our family. Forgiveness leads to trust, patience, and peace.

### Family Activities

**Activity 1:** Create a "Family Reset Button" using a real push button, special object, or imaginary button. When there's tension or fights, use the reset button to facilitate forgiveness. For example, when kids are fighting, say "We need a reset!" and gather around the button. Have the kids each push the button and say, "I forgive you for \_\_\_\_\_. Let's reset."

**Activity 2:** The Forgiveness Jar – Decorate a cup or jar. When forgiveness happens, write it down and add it to the jar. Read them at the end of the week and celebrate forgiveness.

**Activity 3:** Bedtime Check-in – At bedtime, ask your child if anything hurt their feelings that day. Ask if there's anyone they need to forgive or ask forgiveness from. Pray together and ask God to help forgive or ask for forgiveness.

*(PARENTS- This is a great opportunity to model forgiveness and be honest about your own struggles too.)*

### Dinner Conversations

**Monday:** Read the verses together. What is forgiveness?

**Tuesday:** Who teaches us about forgiveness? (*Jesus*)

**Wednesday:** How can we "put on love" in our family?

**Thursday:** Is there anyone you need to forgive? Or ask forgiveness from?

**Friday:** How does forgiveness make our family stronger?

## Week 4: God Wants Families To Learn

*"Remember My commands. Teach them diligently to your children."*  
- Deuteronomy 6:6-7

This week we learn the importance of learning and remembering God's commands. Parents are charged to train up their children and teach them as well as working on their own walk with Christ. This week, focus on reading Scripture, saying the verse of the week, and being intentional in your conversations. *NOTE: This is a shortened version of the verse so be sure to read the full passage to your child at some point this week.*

### Family Activities

**Activity 1:** Creation Scavenger Hunt - On a nice day, go outside and encourage kids to tell you what they see. Tie it back to what it can tell us about God. Everything can help us remember God!

**Activity 2:** Write Scripture verses or attributes of God on sticky notes and place them all over your home or car. Talk about them as much as possible.

**Activity 3:** Review all of the memory verses you have learned so far. Do this throughout the week at different times.

### Dinner Conversations

**Monday:** When can we as a family remember God and His commands?

**Tuesday:** Read Deuteronomy 6:1-12. Talk about the repeated words or phrases.

**Wednesday:** What happened today that reminded you of God?

**Thursday:** Is there a command in the Bible that you struggle with? (*obeying, being kind, patience, etc.*)

**Friday:** How can you help others learn about God?

## **Week 5: God Wants Families To Serve**

*"As for me and my house, we will serve the Lord."*

- Joshua 24:15b

This week we wrap up our lessons on marriage and family. The verse is a household declaration and commitment. The focus will be on the personal choice to serve God, how we can serve God, and how serving God will lead to serving others.

### **Family Activities**

**Activity 1:** At the beginning of the week, talk about ways you can serve each other. Write them on sticky notes and put them in a place where everyone can see. Encourage each other to serve one another.

**Activity 2:** Make Blessing Bags- Decorate Ziploc bags with sharpies (*or paper bags with crayons*), then fill with simple hygiene items or snacks. Keep them in your car and give to those in need and remember that we serve God by serving others.

**Activity 3:** Create a sign with the verse on it. Or go to a craft store and find a premade sign. Pray together as a family and hang the sign somewhere in your home.

### **Dinner Conversations**

**Monday:** What does it mean to serve God?

**Tuesday:** Why is it important to serve God as a family?

**Wednesday:** How can we serve each other?

**Thursday:** How can we serve other people?

**Friday:** What is your favorite verse we have learned about family?



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