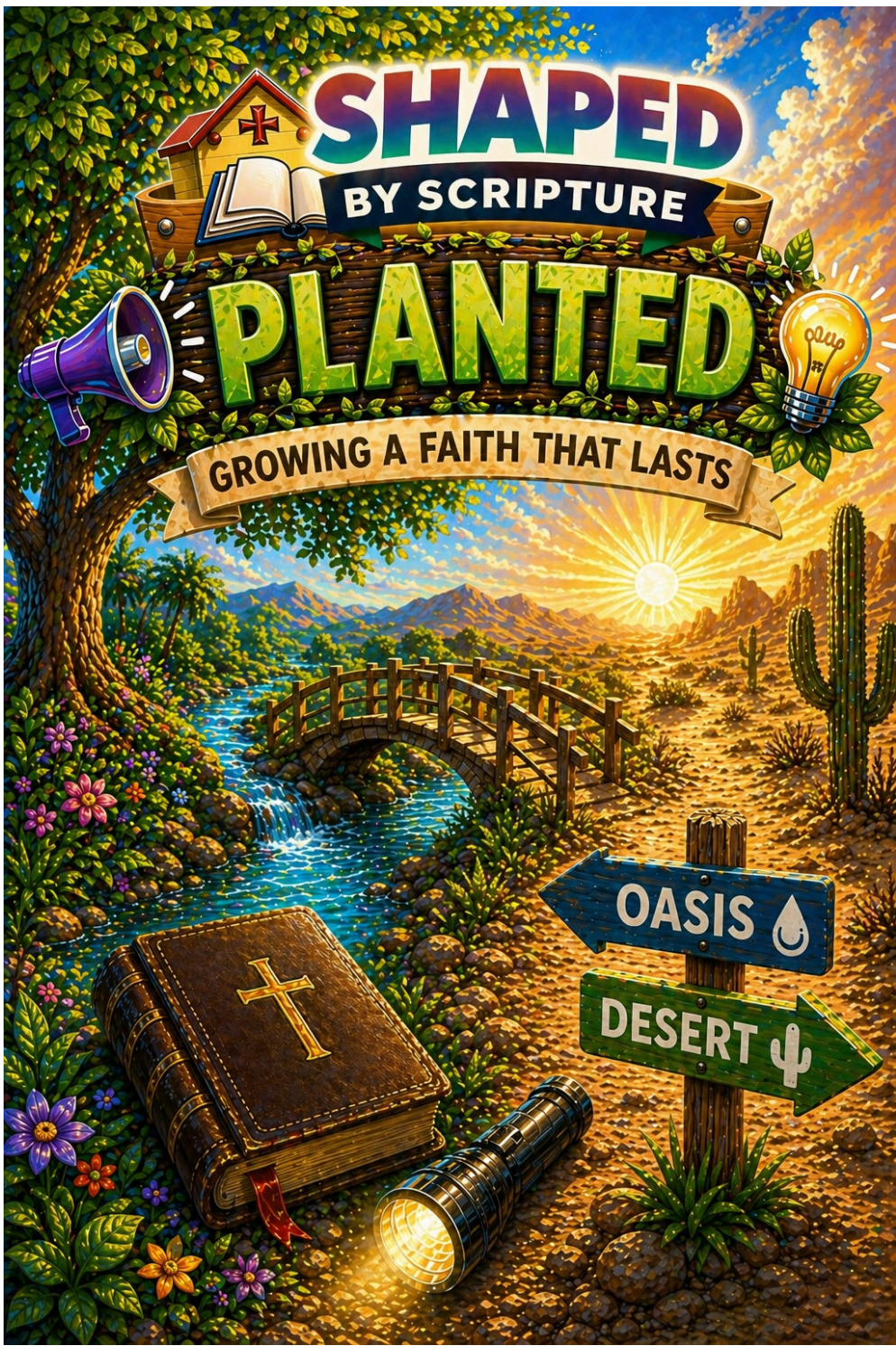


# SHAPED

BY SCRIPTURE

# PLANTED

GROWING A FAITH THAT LASTS





**SHAPED**  
BY SCRIPTURE

**MAY 2026**



# Planted

## Growing a Faith that Lasts

### **Kid's Idea:** Planted

Parents, as you read through your devotionals this week, include your child by recapping what you learn and review the memory verse together. Prepare together each week as a family to learn more about the theme verse on Sunday. This month's theme focuses on our spiritual growth as Christians. Faith is central to our walk with the Lord and it's important to teach our children how to build a faith that lasts, like a tree with roots near a river.

*Note: Many verses are shortened or paraphrased to help young children understand and memorize. Read the full version of each verse to your child and discuss words they do not know.*

## Week 1: Be Rooted

"He loves the Lord's teachings. He thinks about them day and night. He is like a tree planted by a river." - Psalm 1:2-3

This week the verse reveals how important it is for us to be rooted in God's word.

### Family Activities

**Activity 1:** If you have a garden, go out and examine the leaves, stems, and branches. Explain how roots work and how they are crucial for the plant to grow.

**Activity 2:** Write out your favorite Bible verse on a sticky note and put it somewhere visible. Remind your child to look at the verse and think about it multiple times a day.

**Activity 3:** Find a video about how plants grow or look at pictures of the tallest trees. Discuss how those plants and trees could not grow so strong or big without deep roots.

### Dinner Conversations

**Monday:** How often should we read the Bible?

**Tuesday:** Why is it important for a tree or plant to have water?

**Wednesday:** What would happen in your life if you read the Bible more?

**Thursday:** How can we be more rooted to God's word?

**Friday:** Can you say the verse?

## Week 2: Be a Light

"Let your light shine before others so that they may see your good works and give glory to your Father in heaven."

- Matthew 5:16

This week we will see how Christians are meant to reflect Jesus, who is the Light of the world.

### Family Activities

**Activity 1:** Read the Sermon on the Mount (*Matthew 5-7*), focusing on the Beatitudes (*Matthew 5:1-12*), together and take time to explain or answer questions.

**Activity 2:** Take a flashlight and turn off the lights. Focus the flashlight on certain things and talk about how we act as Christians is like a light in a dark world.

**Activity 3:** Decide on something kind you can do for a neighbor, friend, or family member that would shine the light of Jesus.

### Dinner Conversations

**Monday:** When does light shine the brightest?

**Tuesday:** Have you ever seen someone doing good works?

**Wednesday:** How can you show your light for others?

**Thursday:** What does it mean to reflect the light of Jesus?

**Friday:** Can you write the verse? (*Younger: Can you say the verse?*)

## **Week 3: Be Trusting**

“Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him and He will make your path straight.” - Proverbs 3:5-6

This week is about trust and how we can trust God with our life!

### **Family Activities**

**Activity 1:** Using a blindfold, take turns “leading” each other through a simple task by giving instructions. The blindfolded person needs to trust the one giving instructions just like we trust God to guide our life.

**Activity 2:** Make personal size pizzas together as a family. While making the pizza, share things you love about the other person. Explain that trust and love go together.

**Activity 3:** Do trust falls - explain how your child can trust that you will catch them just like they can trust that God loves them and will take care of them.

### **Dinner Conversations**

**Monday:** What is trust?

**Tuesday:** When have you trusted your own way instead of God’s or your parents?

**Wednesday:** What is something you need to trust God with today?

**Thursday:** How can we build trust in our family?

**Friday:** Can you say the verse?

## Week 4: Be Loud!

"We will tell those who come later about the praises of the Lord. We will tell about His power and the miracles He has done!" - Psalm 78:4

This week is about how we should always be ready to share about God and the wonderful things He has done. We need to have a faith that is deeply rooted and strong so we can share that faith with others.

### Family Activities

**Activity 1:** Create a Stones of Remembrance jar (*from Joshua 4:1-9*). Take turns sharing about things God has done in your life. Put the stones in a large jar and store it somewhere visible in your home.

**Activity 2:** Have a time of family worship and sing 2 or 3 praise songs to God.

**Activity 3:** Practice sharing the Gospel or a Bible story together. For younger kids, read a Bible picture book and then have them repeat the story back to you.

### Dinner Conversations

**Monday:** What is something that you like to share with your friends? Is talking about God just as important?

**Tuesday:** Does this verse remind you of another one we learned? Read Deut. 6:6-7

**Wednesday:** What is something that God has done for you that you want to share?

**Thursday:** How can we talk about God daily?

**Friday:** Can you explain the verse in your own words?



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**LONE OAK FBC**  
3601 Lone Oak Rd  
Paducah, KY 42003

270-554-1441 | [loneoakfbc.org](http://loneoakfbc.org)