

SHAPED

BY SCRIPTURE

**STAND
FIRM**

EQUIPPED FOR
SPIRITUAL BATTLE

FAITH

PRAYER

TRUTH

OBEDIENCE





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JULY 2026



Stand Firm: Equipped for Spiritual Battle

Kid's Idea: The Armor of God

Parents, as you read through your devotionals this week, include your child by recapping what you learn and review the memory verse together. Prepare together each week as a family to learn more about the theme verse on Sunday. The focus this month is on the Armor of God and our battle against sin and ultimate victory in Christ!

Note: Many verses are shortened or paraphrased to help young children understand and memorize. Read the full version of each verse to your child and discuss words they do not know.

Week 1: The Battle

“Our fight is not against people on earth. We fight against the spiritual powers of evil in the heavenly world.” Ephesians 6:12

This week we focus on the reality of sin and evil in the world and how it is a daily battle. This may be a sensitive topic so for young children, focus more on how we battle sin.

Family Activities

Activity 1: Light in the Dark Activity - bring a flashlight into a dark room and talk about how the world is dark with sin but we have the Light that overpowers the dark! Read 1 John 4:4.

Activity 2: Take time to discuss and define sin and the common ways we are tempted to sin. Simplify for younger kids to focus on obeying, being kind, etc.

Activity 3: Doorway prayer - pray together as a family before leaving to pray for protection, wisdom, and help.

Dinner Conversations

Monday: What is sin?

Tuesday: What does heavenly world mean?

Wednesday: How can we battle sin?

Thursday: Did you have a hard time battling sin today?

Friday: Can you say the verse?

Week 2: Armor of God

“Therefore, put on the full armor of God.” Ephesians 6:13

This week introduces the armor of God and how it is important that we are prepared to battle against sin.

Family Activities

Activity 1: Find a fun video that helps explain spiritual warfare and the Armor of God. Here’s one for younger kids:

<https://www.youtube.com/watch?v=ZrEg5SG-OjM>



Activity 2: Find an image of a suit of armor to explain pieces that your child may not be familiar with. Discuss how armor keeps someone safe.

Activity 3: Decorate a shield made of cardboard and talk about how God protects your family.

Dinner Conversations

Monday: What is armor?

Tuesday: How do we put on the armor?

Wednesday: Can you tell me 3 pieces of God’s armor?

Thursday: What’s a piece of armor you used today?

Friday: Can you write the verse? (Younger: Can you say the verse?)

Week 3: Resisting the Enemy

“Submit yourselves to God. Resist the devil and he will flee from you.” James 4:7

This week we learn about how submitting to God’s authority will help us in our battle against sin.

Family Activities

Activity 1: Create a “Family Battle Plan” Poster with ways to resist sin. For example:

When we are angry -> Ask God for help

When we are sad -> Read God’s promises

When we fight -> Choose grace and forgiveness

Activity 2: Review the Armor of God and see if you can name them all

Activity 3: Encourage one another with a card or note.

Dinner Conversations

Monday: What is submission?

Tuesday: What does the enemy want you to do? What does God want you to do?

Wednesday: Did you have a victory over the devil today?

Thursday: How can we spot God’s truth over the devil’s lies?

Friday: Can you say the verse?

Week 4: Victory in Christ

"In all these things, we are more than conquerors through Him who loved us." Romans 8:37

This week is we wrap up our discussion on our battle against sin. The focus should always be on the victory we have in Christ!

Family Activities

Activity 1: Create a Victory Jar - write down little victories from the day

Activity 2: Decorate banners made from cardstock with ways that Jesus loves us and helps us defeat sin.

Activity 3: Because Jesus Won discussion - start each sentence with "Because Jesus won, _____" Example: "Because Jesus won, I don't need to be afraid"

Dinner Conversations

Monday: What is victory?

Tuesday: How does Jesus help us when life is hard?

Wednesday: What's a victory you had today?

Thursday: How do we know that Jesus loves us?

Friday: Can you explain the verse in your own words?



EXALT CHRIST



MAKE DISCIPLES



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