



FULLY DEVOTED:

THE LIFE AND PRACTICES OF A DISCIPLE





SHAPED BY SCRIPTURE

AUGUST 2026



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The Life and Practices of a Disciple

Kid's Idea: Follow Jesus

Parents, as you read through your devotionals this week, include your child by recapping what you learn and review the memory verse together. Prepare together each week as a family to learn more about the theme verse on Sunday. This month we are learning about what it means to follow Jesus and become a disciple.

Note: Many verses are shortened or paraphrased to help young children understand and memorize. Read the full version of each verse to your child and discuss words they do not know.

Week 1: Walk like Jesus

"If anyone would come after Me, he must deny himself and take up his cross daily and follow Me." Luke 9:23

This week we focus on how each Christian is called to follow Jesus, surrender to His will, and be obedient.

Family Activities

Activity 1: Create a "daily choices" jar and fill with simple acts of self-denial, such as "Let your sibling go first" or "clean up without being told" etc. Draw one piece each morning and practice taking up your cross daily.

Activity 2: Read Luke 5 to go over the story of Jesus calling his first disciples.

Activity 3: Take a walk as a family and discuss how Jesus would handle certain situations we each face. For example, how would Jesus treat a bully?

Dinner Conversations

Monday: What does it mean to deny yourself?

Tuesday: What is selfishness? Were you selfish today?

Wednesday: What is a disciple?

Thursday: How did you take up your cross today?

Friday: Can you say the verse?

Week 2: Forgive like Jesus

"Do not be angry with each other, but forgive one another."
Colossians 3:13

This week the focus is on the forgiveness, grace, and mercy we receive through Christ and which we should extend to others.

Family Activities

Activity 1: Take turns writing a hurt or wrong choice on pieces of paper. Discuss how forgiveness works and then tear up the paper and throw it away.

Activity 2: Read and/or watch the story of Joseph and discuss how he forgave his brothers despite how terribly they treated him.

Activity 3: Hold a "Family Court" time and discuss hurts or "complaints" that a family member may have against each other or others. Discuss how instead of being angry, you can forgive and extend mercy and grace.

Dinner Conversations

Monday: What is mercy? What is grace?

Tuesday: How do we forgive?

Wednesday: Were you angry at someone today? How did you handle that?

Thursday: Why do we forgive others?

Friday: Can you write the verse? (*Younger: Can you say the verse?*)

Week 3: Serve like Jesus

"I, your Lord and Teacher, have washed your feet. So you also should wash each other's feet. I did this as an example for you."
John 13:14-15

This week we learn about how Jesus set an example of servanthood and obedience. We are to obey by serving others.

Family Activities

Activity 1: Wash Feet - Grab a large bowl and towels (*this is a great outside activity*) and practice humility by washing each other's feet. It can feel silly and it's ok to giggle but remind your child that Jesus washed his disciples' feet to show them that it's important to serve (*or help*) one another.

Activity 2: Blessing Basket - As a family, fill a basket with snacks, treats, small gifts, and encouraging notes. Deliver to a family member, teacher, or friend.

Activity 3: Chore Blitz - Set a timer for 10 minutes and everyone work together on a chore for someone else.

Dinner Conversations

Monday: What is obedience?

Tuesday: How did Jesus serve other people?

Wednesday: Did you serve someone else today?

Thursday: What kind of attitude should we have when we serve others?

Friday: Can you say the verse?

Week 4: Be patient like Jesus

"Let patience have its full effect, that you may be perfect and complete, lacking nothing." James 1:4

This week the focus is on how patience is an important part of our walk with Jesus.

Family Activities

Activity 1: Waiting Game - Have the family sit around the table and place a treat or snack in the middle. Set a timer for 1 minute and instruct everyone to sit quietly and not touch the treat. Afterwards, hand out the snack and ask, "was it easy to wait?" and remind them how Jesus was patient too.

Activity 2: Pause and Patience - When someone gets frustrated, practice: pause, pray, proceed. Talk about how having patience when we are frustrated helps us to think about how God wants us to act.

Activity 3: Plant and Grow - plant a few seeds in a small pot. Water and check every day, reminding child that growth takes patience- just like God is patient with us.

Dinner Conversations

Monday: What is patience?

Tuesday: When was Jesus patient?

Wednesday: Did you have a hard time being patient today?

Thursday: How can we practice being patient?

Friday: Can you explain the verse in your own words?

Week 5: Follow Jesus

"Offer your lives as a living sacrifice to the Lord."

Romans 12:1

This week we learn about how our entire life should be lived in obedience and sacrifice to follow Jesus.

Family Activities

Activity 1: Gift Box for God – Decorate a small gift bag or box and write "For Jesus" on the front. Take turns writing or drawing ways to live their life for God this week. Examples: obey my parents, tell the truth, invite someone to church, pray every day, etc.

Activity 2: Ask everyone to select an item they really value or treasure. Bring the items together and set them on the table. Ask each person if they would be willing to give away their item for Jesus. Talk about how Jesus deserves our best.

Activity 3: God gets the first bite – at meal time, pause and each person say something they are thankful for before taking a bite. Putting God first is one way we can honor Him!

Dinner Conversations

Monday: What is sacrifice?

Tuesday: How should we live our lives as a sacrifice?

Wednesday: Did you put God first today?

Thursday: How can you be better about living your life for Jesus?

Friday: Can you explain the verse in your own words?



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MAKE DISCIPLES



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